

Reality – Bible Lesson for August 16, 2020 – 4th – 5th Grades

The Lord's Prayer

Five weeks of memorizing the Lord's Prayer through a verse by verse study

Lesson 3

- 1. Lesson:** "Give us this day our daily bread."
- 2. Scripture:** Matthew 6:5-13
- 3. Memory Verse:** "Our Father which art in heaven hallowed be Thy name. Thy kingdom come, Thy will be done in earth as it is in heaven. Give us this day our daily bread." – Matthew 6:9-11
- 4. Mission Story:** Resumes in the Fall
- 5. Bible Skills:** Resumes in the Fall
- 6. Materials needed for teaching the lesson** - a Bible; pens and pencils
Beginning Activity - Object Lesson: a bag of larger-sized, braided pretzels
Memory Verse Game: ASL hand signs from the video link below **Prayer/**
Journaling: a piece of plain, white paper for each child, pencils, colored pencils

Videos you can use to reinforce the story:

Why we should pray:

https://www.youtube.com/watch?v=ZrdIXOk_QdQ&list=PLnXWVXkTPjrqSx6em_VY4SkSCj4_xGxvA&index=7&t=0s

<https://www.youtube.com/watch?v=MRJdY37W2dg>

ASL guide for The Lord's Prayer:

<https://ministry-to-children.com/the-lords-prayer-asl-video/>

1.Prayer: Pray with your children – then introduce the following object lesson:

You should have a bag of the larger-sized, knotted, braided pretzels ready to hand out...

Say: I have a treat for each of you today – it's a pretzel. Look at how the pretzel is shaped. In the center of the pretzel the pieces of dough are crossed, and the outside is sort of a circle. Legend tells that in 610 A.D. a teaching monk made pretzels from bread dough to reward young children for learning their prayers. He supposedly folded strips of bread dough to look like the crossed arms of praying children. He called his pretzels "pretiola" which meant "little rewards"

When we look at the center of a pretzel today and see pieces that are crossed like arms, it reminds us to pray always. If you fold your hands to pray, the shape your arms and hands forms looks a little like how we often pray. The outside of the pretzel that is

like a circle reminds us that we can always go to God and pray, over and over again. He always listens and answers us.

And the pretzel is made from a type of bread dough – which helps us remember the next verse of the Lord’s Prayer – “Give us this day our daily bread.”

2.Bible Story: (Please notice the bold print Bible verses. This is designed so that you can stop and let the children take turns reading these verses out loud)

(Please write on a piece of paper or a white board – **“Our Father which art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done in earth as it is in heaven. Give us this day our daily bread.”**)

We are halfway through learning the Lord’s Prayer. So far, we have memorized “Our Father which art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done in earth as it is in heaven. Today we will add, “Give us this day our daily bread.” Up until now, the Lord’s Prayer has all been directed to God and about God. We proclaimed that His name is holy, that His kingdom would come soon, and that His will would be done in earth as it is in heaven. Now the prayer turns to asking for our needs. Jesus was saying, in this model prayer, that it’s okay to ask God for the things that we need. God want us to pray for our daily needs because it is so important to talk to Him every day.

The first need that the prayer covers is our need for food. It is asking that God provide what we need to survive. This verse asks for our daily bread, because, in the time that Jesus was on earth, people depended on bread to live. Bread satisfies hunger easily and people had bread at almost every meal. They usually had more bread than any other food. When God guided the Israelites through the wilderness, He provided them with bread every day – in the form of manna – which rained down from heaven. They woke up one morning and manna was all over the ground, but it was unlike any bread they had ever tasted. The Bible says it was like wafers made with honey. **(Exodus 16:31)** God gave them just enough manna every day so that they had what they needed. No one had too much or too little.

Many people don’t worry about getting food – they have plenty to eat at their homes. But there are also many people in the world, even in our own town, who are hungry and can’t afford to buy the food that they need to feed themselves or their families. Sometimes, they have to ask for help so they can have meals or buy food. There were also many people in Bible times who didn’t have enough and had to beg for food because they were hungry. Many times, they were too sick or old to earn money to buy what they needed. Even among those that were able to work, they were usually paid one day at a time. So, asking God to give daily bread was an important part of asking God to help provide for their needs.

The Lord's prayer says, "Give us THIS day our DAILY bread." We are supposed to trust God every day to provide what we need. **Matthew 6:31-34** says to put God's kingdom first because He knows what we need. It is easy for us to want more than we need but the Bible says to ask only for what you need. (**Proverbs 30:8**) The verse also says, "Give US this day OUR daily bread." If God blesses us with having more than we need, maybe that is a time when He is calling us to help others. What are some ways we can help feed people who are hungry? (Stop and get responses...suggestions are: donate to a food pantry, volunteer at a soup kitchen, support mission programs that help people buy food, have people over for dinner, etc.) And while we are helping others, we can tell them about Jesus – the bread of life.

There are many stories about bread in the Bible, but the true bread of God is the One who came down from heaven and gives life to the world. Jesus said "I am the bread of life. Whoever comes to me will never go hungry. And whoever believes in me will never be thirsty." (**John 6:35**) We all need food to stay alive, but Jesus said there is something we need more than food – we need Jesus to be a part of our lives.

(Below is the link to a video that explains how to sign The Lord's Prayer. Please show it or practice it in advance so that you can share it with your children as they memorize the Prayer.)

<https://www.youtube.com/watch?v=EVcYGOWJuns>

3. Bible Exploration – Checking for Understanding:

1. What do you think a "need" is? What is a "need" that you have?
2. List specific ways that God has supplied your needs...
3. What do you think God is teaching us when He asks us to let Him supply our daily needs?
4. Why do you think Jesus said to pray for our "daily" bread instead of just for bread?

4. Prayer/Journaling:

Give every child a piece of plain white paper and ask them to draw a multi-story building with 6 windows.

They should put their family's name on one window and on each of the other windows they should write the names of five families that live close to them. Ask them to consider what they know about these families – what are their needs? How can they pray for these families?

Say: God always hears and answers prayers. The Bible is full of examples of people praying for others:

- Moses prayed for the Israelites and God did not punish them. (Ex. 32:11-14)
- Jesus prayed for His followers. (John 17:20)
- The church prayed for Peter and he was freed from prison. (Acts 12:5-11)
- Elijah prayed for Israel and God sent fire from heaven (! Kings 18:36-39)

Encourage the kids to prayer walk when they get home...walking and praying at the same time (with their eyes open 😊). As they walk around their neighborhood or other places, they should pray for the people they see and ask God to meet their needs.)

Pray: Dear God, please bless the families that I listed today and please be with my own family so that we will always be close to You. [Let's take time now to pray for our families, our church, our world, and for each other. (Take prayer requests)]

5.Mission Story: Resumes in the Fall

6.Bible Skills: Resumes in the Fall

7.Memory Verse: Have the children say the memory verse one more time – "Our Father which art in heaven hallowed be Thy name. Thy kingdom come, Thy will be done in earth as it is in heaven. Give us this day our daily bread." - Matthew 6:9-11

USE ANY OF THE MEMORIZATION TECHNIQUES THAT WE HAVE ALREADY USED IN THE LESSON.

8.Closing Prayer: Lead the children in a closing prayer. Encourage your child/children to also say their own individual prayers about any additional concerns they have. Don't forget to pray for missionaries.