

## Reality – Bible Lesson for July 5, 2020 – 4<sup>th</sup> – 5<sup>th</sup> Grades

### Worship

#### Lesson 1: Psalms Show Love for God and Show Us How to Worship

- 1. Lesson: Psalms Show Love for God and Show Us How to Worship**
- 2. Scripture:** Psalm 8; Psalm 19; Psalm 34; Psalm 95; Psalm 100; Psalm 139; Psalm 150
- 3. Memory Verse:** "Sing to the LORD. He has done glorious things. Let it be known all over the world." – Isaiah 12:5
- 4. Mission Story:** Resumes in the Fall
- 5. Bible Skills:** Resumes in the Fall
- 6. Materials needed for teaching the lesson** - a magnifying glass; variety of natural things such as feathers, flowers, seeds, pinecones, and rocks

#### Video you can use to reinforce the story:

<https://www.youtube.com/watch?v=jhjXv0yKZZA>

#### **1. Prayer:** Pray with your children – then introduce the following attention grabber:

Have a magnifying glass and a variety of natural things such as feathers, flowers, seeds, pinecones, and rocks. Allow the children to view things without the magnifying glass – what detail do they notice? Now use the magnifying glass – we often do not see how majestic God's creation is unless we stop and look closely.

Several times during these exercises, REPEAT the Psalm phrase, from Psalm 8:3a, "I think about the heavens. I think about what your fingers have created...."

#### **2. Bible Story:** (Please notice the bold print Bible verses. This is designed so that you can stop and let the children take turns reading these verses out loud)

Sometimes we think that worship is just singing songs to God, but it's much more than that. There is an interesting definition of worship in the 1828 version of the Webster's Dictionary, "**Worship is to honor with extravagant love and extreme submission**". Who knows what extravagant means? Extravagant is something beyond what's normal or expected. It's like if you asked for one tiny goldfish cracker and I gave you a bucket of goldfish crackers. Extravagant love is overflowing love for someone. "Extreme submission" is to obey and listen to that person more than anyone else – no matter what they say, you would do it. That is how we are supposed to love, honor, and obey God.

Worship is putting God at the top of your list, over everyone and everything because He is worthy. Worship is about showing God your love and thankfulness for all He has

done. But that's not the main reason we worship Him...We worship Him because He is the one true God, our heavenly Father, our Savior, and He deserves all honor and praise. Worship includes many actions – including Bible reading, prayer, and singing, and we should see every moment of the day as a time to worship God.

The Book of Psalms not only teaches us about God's love but also shows us how to worship and praise Him. We're going to read some verses from a few of the Psalms and see what that looks like...

**Psalm 8:1-2** – "LORD, our Lord, how majestic is Your name in the whole earth! You have set your glory in the heavens. You have made sure that children and infants praise you. Their praise is a wall that stops the talk of your enemies." According to verse two, children's praise is so needed and so important that it silences those that deny the glory of God. Jesus even mentioned this verse when the children were calling out "Hosanna" to Him on the day He entered Jerusalem on the colt of a donkey. It is especially important that children spend time worshipping God.

**Psalm 19:1** "The heavens tell about the glory of God. The skies show that His hands created them." – God wants people all over the world to know that He loves them. God shows us that through His creation and through His Word. As a young shepherd boy, the Psalmist, King David, must have had lots of time to lie on his back in the fields and gaze out into the starry skies and wonder about the God of Creation. The universe did not happen by chance. God spoke everything into existence. The beauty of His creation speaks to every person about His glory. And God reveals Himself through His Word, the Bible. The Word of God is perfect and true and worthy of praise! And God didn't just create the world and give us the Bible – He also came to us in person – that's who Jesus is.

**Psalm 34:1** – "I will thank the LORD at all times. My lips will always praise him." David declared that he would praise the Lord at all times...not just on Sundays but at all times. Praise is just a fancy way of telling God how much we love Him. When we talk about God's greatness, we take the focus off of ourselves and put it on God, where it belongs. God is good and worthy of our never-ending praise.

**Psalm 95:2** – "Come, let us sing for joy to the Lord. Let us give a loud shout to the Rock who saves us. Let us come to Him and give Him thanks. Let us praise Him with music and song." God loves it when we come together to worship Him by singing. It's our way of saying "I love you" and "thank you" to God. But we don't have to be in church to sing praises to God – we can sing to Him anywhere. God has given each of us gifts to use to worship Him...we can sing or play an instrument, or just talk to Him and tell Him how much we love Him.

**Psalm 100:4** – "Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name." Thanksgiving is an attitude that comes from knowing that God is good. You can't be thankful if you always have a grumpy attitude and only focus on yourself. When you think about it, we all have a lot of wants. But

have you ever thought about what God wants? We were created to honor and glorify God. It's an exciting thing to spend time serving Jesus! Our actions can be worship by bringing glory and honor to God. He wants our best so we can't hold back anything in showing glory and honor to Him.

**Psalm 139:13-14** – "You created the deepest parts of my being. You put me together inside my mother's body. How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well." We praise and honor God because He created us, and He knows everything about us. God knows the real you. He knows what makes you happy and what makes you sad. He knew you even before you were born. He is all around you and He never leaves you. He wants to be a part of your life. When we don't spend time with God every day, I'm sure it makes Him sad. He loves you so much and He wants you to talk to Him and tell Him what is on your heart. For that, we give Him praise and glory.

**Psalm 150:1-6** – "Praise the LORD. Praise God in his holy temple. Praise him in his mighty heavens. Praise him for his powerful acts. Praise him because he is greater than anything else." The rest of the psalm tells us to praise God with trumpets, harps, lyres, tambourines, dancing, stringed instruments, flutes, and clashing and clanging cymbals. Psalm 150 is a loud song of praise that finishes the Book of Psalms on a remarkably high note. David ends the psalm by saying "Let everything that has breath praise the Lord." We shouldn't always praise God in the same old way and using the same words. We should get excited about the joy of praising God! We should be so overwhelmed by the wonder of what God does that we cannot wait to give Him praise! If we are breathing, we have the honor and privilege of worshipping our amazing Creator.

### **3. Bible Exploration – Checking for Understanding:**

1. How does Psalm 8 begin? (Giving praise to God – "how majestic is Your name in the whole earth")
2. How does the fact that God is in control change your attitude as you go to Him in worship?
3. In Psalm 19 - What are the ways God tells us about Himself? Hint: there are three of them. (Through creation, through His Word, sending Jesus to earth.)
4. Read **Colossians 1:15**. Jesus was there before anything was created. Why is that important for us to know? What does that tell us about who Jesus is? [Jesus is the image (visual representation) of God.]
5. Why does God deserve our praise? Make a list of some of the things you can praise God for.
6. Read **Psalm 43:5**. What are some things you can praise God for even if you're really sad about something in your life?
7. What's your favorite part of church? (singing, learning, craft/game, friends)
8. Read **John 4:23**. How does God want us to worship him? Why does our attitude matter in worship?

9. List some of the things you are thankful for. Why does God deserve the credit for all that you have?
10. Read **Philippians 4:6-7**. What do you do when you're anxious or worried? How does a thankful heart help you worry less?
11. How does it make you feel to know that God knows everything about you?
12. Why do you think God wants to be in your life?
13. Read **Jeremiah 31:33**. A covenant is a promise. What is God promising to do in this verse? What are God's instructions? What does it mean that they are written on our hearts?
14. Who should praise the Lord? (Everything that has breath.)

#### **4. Prayer/Journaling:**

**Say:** Let's read **Revelation 4:11** out loud, "You are worthy, our Lord and God! You are worthy to receive glory and honor and power. You are worthy because you created all things. They were created and they exist. This is the way you planned it."

Now, I want each one of you to think of three of your most special treasures. (Give them a moment to do this.) What makes your treasures so special? Why are they worth so much to you? Now, think about God...How much is God worth to you? Is He more special than anything else in your life?

I want you to spend a few minutes thinking about God and how much He loves you, how special He is, and about your relationship with Him. Remember – worship is expressing how important God is to you. Worship is an action. God is worthy of praise and worship. Jesus taught that worship is focusing on God alone. We are to worship God each and every day. Let's try to do that this week.

**Pray:** Dear God – You are worthy of all praise. Help me to remember that everything I have is from You and You deserve my praise at all times. May I never forget to give you glory. [Let's take time now to pray for our families, our church, our world, and for each other. (Take prayer requests)]

**5. Mission Story:** Resumes in the Fall

**6. Bible Skills:** Resumes in the Fall

**7. Memory Verse:** Have the children say the memory verse one more time – "Sing to the LORD. He has done glorious things. Let it be known all over the world." – Isaiah 12:5

**Throw and say –**

See who knows the memory verse, then write it up on the board. Get everyone to stand in a circle and have a ball to pass around the group. As you catch the ball you say one

word of the memory verse and then pass it to another who says the next word, and so on till the memory verse is said in full. Time how long it takes to say the memory verse and try and see how fast the group can say the memory verse. Try to beat the previous time.

**8.Closing Prayer:** Lead the children in a closing prayer. Encourage your child/children to also say their own individual prayers about any additional concerns they have. Don't forget to pray for missionaries.

### **Extra Game:**

#### **The Music Machine:**

What do you do:

**Tell:**

Together you are going to become a music machine.

**Do:**

Get everyone to sit in a circle.

**Do:**

Read psalm 150 aloud.

**Tell:**

In the text you'll see that the writer encourages us to use everything to make music; clapping, singing, using instruments. We're going to have a time of celebration for the Lord.

**Do:**

Start simply, by clapping a rhythm with your hands and get the rest of the group to join in.

Then encourage them to add another rhythm or sound in turn; the leader starts with a simple rhythm, then the child next to them adds something to it; another rhythm or a simple tune, or a whistle.

Try to make it as nice sounding as possible. You could make it a little more complicated for the older children, by asking them to add a movement to their sound, in which they tap their neighbor so that he or she knows when they have to start making their sound.

At the end ask the children to look around them in the room to see what else they could use to make music for God.

